WHAT IS CLAIMED IS:

- 1. A fixing apparatus comprising:
- a heat roller;

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an induction heating coil arranged along an axial direction of the heat roller;

- a resonance circuit composed of the coil;
- a switching element for exciting the resonance circuit;

an oscillator outputting on/off signals for driving on and off the switching element;

a thermostat opening and closing in accordance with a temperature of the coil; and

a relay through which an operating current flows via the thermostat, the relay having a contact being inserted and connected to a conduction path of on/off signals supplied from the oscillator to the switching element.

- 2. A fixing apparatus according to claim 1, wherein the thermostat has a small heat capacity.
- 3. A fixing apparatus according to claim 1, wherein the thermostat has a small heat capacity, and opens and closes in accordance with a temperature of an approximately middle portion along the axial direction of the heat roller.
- 4. A fixing apparatus according to claim 1, wherein the thermostat includes:
 - a first thermostat, which has a small heat

capacity, and opens and closes in accordance with a temperature of an approximately middle portion along the axial direction of the heat roller; and

a second thermostat, which has a small heat capacity, and opens and closes in accordance with a temperature of one or the other end portion along the axial direction of the heat roller.

- 5. An image forming apparatus including the fixing apparatus described in claim 1, comprising:
- a freely opening and closing cover provided on a main body of the image forming apparatus; and
 - a switch opening and closing in accordance with opening and closing of the cover, and being inserted and connected to the conduction path to the relay.
- 6. A fixing apparatus comprising:
 - a heat roller;

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- a coil arranged along an axial direction of the heat roller;
 - a resonance circuit composed of the coil;
- a first switching element for exciting the resonance circuit;
 - a thermostat opening and closing in accordance with a temperature of the coil;
 - a second switching element forming a conduction path for driving the first switching element together with the thermostat; and

an oscillator outputting on/off signals for

driving on and off the second switching element.

- 7. A fixing apparatus according to claim 6, wherein the thermostat has rated voltage of 30 V or less and rated current of 1 A or less.
- 8. A fixing apparatus according to claim 6, wherein the thermostat has a small heat capacity, and opens and closes in accordance with a temperature of an approximately middle portion along the axial direction of the heat roller.
- 9. A fixing apparatus according to claim 6, wherein the thermostat includes:

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- a first thermostat, which has a small heat capacity, and opens and closes in accordance with a temperature of an approximately middle portion along the axial direction of the heat roller; and
- a second thermostat, which has a small heat capacity, and opens and closes in accordance with a temperature of one or the other end portion along the axial direction of the heat roller.
- 20 10. An image forming apparatus including the fixing apparatus described in claim 6, comprising:
 - a freely opening and closing cover provided on a main body of the image forming apparatus; and
 - a switch opening and closing in accordance with opening and closing of the cover, and forming a conduction path for driving the first switching element together with the thermostat and the second switching

element.

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- 11. An image forming apparatus comprising:
 - a heater including a conductive member;
 - a coil arranged adjacent to the heater;
- a resonance circuit composed of the coil;
- a first switching element for exciting the resonance circuit;

an oscillator outputting on/off signals for driving on and off the first switching element;

a control circuit controlling at least said oscillator; and

a second switching element forming a conduction path for driving the first switching element;

the control circuit driving on and off the second switching element.